



# The Growing Brain Series

## CCRC - Antelope Valley

250 Grand Cypress Avenue, Palmdale, CA 93551

The CCRC Family Well-Being Division invites participants to the Zero to Three's Growing Brain training series. This interactive training will provide the following information:

- Understanding how the brain grows and develops
- Key factors that affect brain development and ways to support brain development
- How cognitive and executive brain function develops in young children
- Social-emotional development in the first five years and how the brain's process influences children's behavior

08/13/19 - 9:00am – 12:00pm Unit 1: The Basics

09/26/19 - 9:00am – 12:00pm Unit 2: The Factors affecting Brain Growth and Development

10/24/19 - 9:00am – 12:00pm Unit 3: Cognition and Executive Function

11/12/19 - 9:00am – 12:00pm Unit 4: Emotional Development

12/10/19 - 9:00am – 12:00pm Unit 5: Understanding Behavior

## BENEFITS FOR PARTICIPANTS

- Will have a better understanding of brain development and how daily experiences affect the way a child's brain develops and acquires and uses information.
- Will have the opportunity to engage in professional development learning activities.
- Will be able identify how to better support a child as he/she grows from 0-5 years.
- Receive Zero to Three material at no cost.

All participants will receive a certificate of participation at the end of every training.



For information, call Manuel (Manny) Gutierrez, AMFT #81520, 818-717-1000  
Ext. 4904, Rosario Williams, LMFT #84801, 818-717-1000 Ext. 4902.

[www.ccrcca.org](http://www.ccrcca.org) |    

CCRC cultivates child, family and community well-being.

