



The Growing Brain Series

CCRC - Annex

19809 Prairie St., #209, Chatsworth, CA 91311

The CCRC Family Well-Being Division invites participants to the Zero to Three's Growing Brain training series. This interactive training will provide the following information:

- Understanding how the brain grows and develops
- Key factors that affect brain development and ways to support brain development
- How cognitive and executive brain function develops in young children
- Social-emotional development in the first five years and how the brain's process influences children's behavior

08/22/19 - 9:00am – 12:00pm Unit 1: The Basics

09/17/19 - 9:00am – 12:00pm Unit 2: The Factors affecting Brain Growth and Development

10/15/19 - 9:00am – 12:00pm Unit 3: Cognition and Executive Function

11/21/19 - 9:00am – 12:00pm Unit 4: Emotional Development

12/18/19 - 9:00am – 12:00pm Unit 5: Understanding Behavior

BENEFITS FOR PARTICIPANTS

- Will have a better understanding of brain development and how daily experiences affect the way a child's brain develops and acquires and uses information.
- Will have the opportunity to engage in professional development learning activities.
- Will be able identify how to better support a child as he/she grows from 0-5 years.
- Receive Zero to Three material at no cost.

All participants will receive a certificate of participation at the end of every training.



For information, call Manuel (Manny) Gutierrez, AMFT #81520, 818-717-1000 Ext. 4904, Rosario Williams, LMFT #84801, 818-717-1000 Ext. 4902.

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CCRC cultivates child, family and community well-being.

