Creating Ripples Throughout California

Over the last three months, Child Care Resource & Referral (R&Rs) agencies across California have teamed up to strengthen families utilizing the Five Protective Factors.

A team from Child Care Resource Center (CCRC) created an interactive and impactful Parent Café experience to introduce the Five Protective Factors encouraging families to connect and learn from each other. A total of 11 R&R regional "hubs" were trained in the Parent Café experience and were tasked with training and mentoring other agencies in their area. The ripples then began to move throughout California.

There are now 59 R&Rs offering Parent Cafés in their communities. All participating R&Rs were asked to conduct at least one Parent Café but could host up to two, if desired. In return, the R&Rs were given a stipend to be used toward food, child care, and transportation for attendees.

This program is administered in partnership with the California Department of Education, Early Learning and Care Division. To learn more about how to get your organization involved, please contact Liz Melendez at 818-717-1000 or emelendrez@ccrcca.org.

To contact your local Regional Hub, please refer to the map to find your Regional Hub number and click here for contact information.

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The TOT Experience

In collaboration with the California Act Early Ambassador, CCRC hosted two Training of Trainers (TOTs) for the staff at the identified R&R regional hubs. Between the Northern and Southern Regional TOTs, there were 31 participants in attendance.

Each training session included the following topics:

- Adult learning
- Evaluation responsibilities
- Center for Disease Control’s (CDC) Learn the Signs. Act Early.
- Parent Café Anatomy and how to incorporate the CDC’s materials
- A Parent Café experience

After attending the TOT, the trainers felt more confident in their knowledge of the materials provided, such as the CDC’s Learn the Signs. Act Early. Their confidence also increased in because the training provided a thorough breakdown of the Anatomy of Parent Café and attendees participated in a run through of the Parent Café which allowed them to actively immerse themselves in the experience.

One attendee stated, “The Parent Café [simulation] was the most useful. Having the staff mock a real cafe helped [me] to understand. The CCRC team did a good job providing all of the materials and clear instructions.”

HUB TRAINING OF TRAINEES (TOT)

Coming Soon! Parent Café Highlights

Did you or your team experience an a-ha moment in one of your Parent Cafés or staff trainings? Share your inspiring moments with us and you could be featured in one of our upcoming newsletters! Please send all stories and pictures to PDGCafes@ccrcca.org.
Training the R&Rs

Each Regional Hub held a Training of Facilitators (TOF) for the 59 R&Rs participating in the program. Throughout the state, 140 facilitators were trained to conduct local Parent Cafés in their respective communities.

After attending the TOF, one participant explained, “Everything was wonderful and useful; I love the fact that I feel supported and I have so much confidence that if I ever need anything I will have the help of the amazing team support.”

So far, the R&Rs have scheduled over 100 Parent Cafés reaching more than 1,000 parents. In January 2020, additional funding will be available for those R&Rs who wish to continue Parent Cafés in their communities. Stay tuned for more information!

Resources and Links

Parent Café Portal –
https://www.ccrcca.org/parents/pdg

MAP to Inclusion and Belonging –
https://cainclusion.org/camap

County Specific Resources –
https://cainclusion.org/camap/map-project-resources/county-specific-resources

For questions on resources and materials, contact: Lily Duarte – anduarte@ccrrca.org

For all other questions, contact: Liz Melendrez – emelendrez@ccrrca.org

Regional Hub Contacts

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